



ZEN OASIS

— HEAL • GUIDE • TRANSFORM —

NEW MOON

Intention Sheet



New beginnings start with clear intentions.
Use this time to dream, set intentions and call in
what you truly desire.



I INTEND TO INVITE INTO MY LIFE...



I RELEASE AND LET GO OF...



I AM READY TO RECEIVE...



I AM GRATEFUL FOR...



AFFIRMATIONS





MY INTENTION IN
ONE WORD...



I trust the universe. I am aligned.
I welcome all that is meant for my highest good.

